



FOR IMMEDIATE RELEASE

OCTOBER 1, 2009

ARTIS REIT ANNOUNCES TIMING OF RELEASE OF FINANCIAL RESULTS FOR THE QUARTER ENDED SEPTEMBER 30, 2009

Artis Real Estate Investment Trust (TSX: AX.UN) (“Artis” or the “REIT”) announced today that on Wednesday, November 11, 2009, prior to the open of the Toronto Stock Exchange, it will release its financial results for the three and nine month periods ended September 30, 2009.

Interested parties are invited to participate in a conference call with management the following day: Thursday, November 12, 2009 at 12:00 noon CST (1:00 p.m. EST). In order to participate, please dial 1-416-695-6617 or 1-800-355-4959. You will be required to identify yourself and the organization on whose behalf you are participating.

Alternatively, you may access the simultaneous webcast by following the link from our website at http://www.artisreit.ca/areit_investor.php. Prior to the webcast, you may follow the link to confirm you have the right software and system requirements.

If you cannot participate on November 12, 2009, a replay of the conference call will be available by dialing 1-416-695-5800 or 1-800-408-3053 and entering passcode #3731783. The replay will be available until November 26, 2009. The webcast will be archived 24 hours after the end of the conference call and will be accessible for 90 days.

Artis is a growth oriented real estate investment trust focused exclusively on commercial properties located in primary and growing secondary markets in western Canada. The REIT’s goal is to provide unitholders the opportunity to invest in high quality western Canadian office, retail and industrial properties, as well as to provide monthly cash distributions that are stable, tax efficient, and growing over time.

Artis’ commercial property comprises approximately 6.3 million square feet of leasable area in 83 properties. Leasable area is approximately 30.6% in Manitoba, 7.9% in Saskatchewan, 55.7% in Alberta, and 5.8% in B.C.; by asset class the portfolio is 31.4% retail, 41.0% office and 27.6% industrial.

The REIT’s Distribution Reinvestment Plan (“DRIP”) allows unitholders to have their monthly cash distributions used to purchase trust units without incurring commission or brokerage fees, and receive bonus units equal to 4% of their monthly cash distributions. More information can be obtained at www.artisreit.com.

For further information please contact Mr. Armin Martens, President and Chief Executive Officer,
Mr. Jim Green, Chief Financial Officer or Ms. Kirsty Stevens, Senior VP – Investor Relations
1.204.947.1250

The Toronto Stock Exchange does not accept responsibility for the adequacy or accuracy of this press release.

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