



FOR IMMEDIATE RELEASE

FEBRUARY 20, 2008

**ARTIS REAL ESTATE INVESTMENT TRUST
ANNOUNCES TIMING OF RELEASE OF FINANCIAL RESULTS FOR THE
QUARTER AND YEAR ENDED DECEMBER 31, 2007**

Artis Real Estate Investment Trust (TSX: AX.UN) ("Artis" or the "REIT") announced today that on the morning of Monday, March 24, 2008, it will release its financial results for the three and twelve month periods ended December 31, 2007.

Interested parties are invited to participate in a conference call with management at 1:00 p.m. EST that same day. In order to participate, please dial 1-416-641-6135 or 1-866-542-4262. You will be required to identify yourself and the organization on whose behalf you are participating.

Alternatively, you may access the simultaneous webcast by following the link from our website at http://www.artisreit.ca/areit_investor.php. Prior to the webcast, you may follow the link to confirm you have the right software and system requirements.

If you cannot participate on March 24th, a replay of the conference call will be available by dialing 1-416-695-5800 or 1-800-408-3053 and entering passcode #3252529. The replay will be available until March 31, 2008. The webcast will be archived 24 hours after the end of the conference call and will be accessible for 90 days.

Artis is a growth-oriented real estate investment trust focused exclusively on commercial properties located in primary and growing secondary markets in western Canada, particularly in Alberta. The REIT's goal is to provide Unitholders the opportunity to invest in high-quality western Canadian office, retail and industrial properties, as well as to provide monthly cash distributions that are stable, tax efficient, and growing over time.

Artis owns approximately \$1.1 billion of commercial property, comprising approximately 6.2 million square feet of leasable area in 82 properties. Leasable area is approximately 31.4% in Manitoba, 6.7% in Saskatchewan, 56.2% in Alberta, and 5.7% in B.C.; by asset class the portfolio is 31.7% retail, 42.6% office and 25.7% industrial.

The REIT's Distribution Reinvestment Plan ("DRIP") allows Unitholders to have their monthly cash distributions used to purchase trust units without incurring commission or brokerage fees, and receive bonus units equal to 4% of their monthly cash distributions. More information can be obtained at www.artisreit.com.

For further information please contact Mr. Armin Martens, President and Chief Executive Officer,
Mr. Jim Green, Chief Financial Officer or Ms. Kirsty Stevens, Senior VP – Investor Relations
1.204.947.1250

*The Toronto Stock Exchange does not accept responsibility for the adequacy or accuracy of this
press release.*

Suite 300 – 360 Main Street
Winnipeg, MB R3C 3Z3
T 204.947.1250 F 204.947.0453

www.artisreit.com
AX.UN on the TSX