



FOR IMMEDIATE RELEASE

October 19, 2007

ARTIS REAL ESTATE INVESTMENT TRUST ANNOUNCES MONTHLY CASH DISTRIBUTION

Artis Real Estate Investment Trust (TSX: AX.UN) ("Artis" or the "REIT") announced that its trustees have declared its regular monthly cash distribution of \$0.0875 per trust unit ("Unit") of Artis for the month of October, 2007. The cash distributions will be made on November 15, 2007 to unitholders of record on October 31, 2007.

As at the date hereof, there are an aggregate of 31,853,323 Units and Class B exchangeable limited partnership units of AX L.P. issued and outstanding.

Artis is a growth-oriented real estate investment trust focused exclusively on commercial properties located in primary and growing secondary markets in western Canada, particularly in Alberta. The REIT's goal is to provide unitholders the opportunity to invest in high-quality western Canadian office, retail and industrial properties, as well as to provide monthly cash distributions that are stable, tax efficient, and growing over time. To date, Artis has acquired approximately \$882 million of commercial property; approximately 21.1% in Manitoba, 9.7% in Saskatchewan, 64.7% in Alberta, and 4.5% in B.C. Artis owns 56 properties, comprising over 4.7 million square feet of leasable area (32.8% retail, 53.6% office and 13.6% industrial).

The REIT's Distribution Reinvestment Plan ("DRIP") allows Unitholders to have their monthly cash distributions used to purchase trust units without incurring commission or brokerage fees, and receive bonus units equal to 4% of their monthly cash distributions. More information can be obtained at www.artisreit.com.

For further information please contact Mr. Armin Martens, President and Chief Executive Officer or Mr. Jim Green, Chief Financial Officer at (204) 947-1250.

The Toronto Stock Exchange does not accept responsibility for the adequacy or accuracy of this press release.

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